

NAPA VALLEY UNIFIED SCHOOL DISTRICT wellness program

PROJECT
YEAR 1
2015 - 2016

WELLNESS CENTERS

American Canyon Middle School
Harvest Middle School
Redwood Middle School
Silverado Middle School

240

students
served
per day

4

school site
locations

THE NEED

DEPRESSION

reported by **25%** of
middle school students*

15% of students
considered suicide*

12

percent of middle school
children identified with
having *behavioral concerns**



THE OUTCOME

95%

of students at
Harvest Middle
School **sought**
Wellness Center
Services!

55%

improvement
in overall
school
competence

20%

Increase in Teacher
Preferred Social Behaviors

23%

Reduction of
Referrals & Suspensions

26%

Reduction of
behavior problems

27%

Increase in Peer
Preferred Social Behaviors

